### **November 2017 Newsletter**

Welcome to our monthly newsletter, with a snapshot of the latest volunteering opportunities available.

### National Council for the Blind Ireland

Irish Memory Orchestra Symphony Project 9<sup>th</sup> & 10<sup>th</sup> December 2017 - Ennis

The NCBI are hosting The Irish Memory Orchestra symphony project on the 9th & 10th December 2017 in The Civic Rooms, Waterpark House, Ennis.

A 2 day workshop event which includes 6 musicians who are visually impaired. The NCBI are looking for 2 volunteers to assist the musicians with orienteering throughout the afternoon. This will include assisting the musicians to get to their seats and for refreshment breaks etc. A full induction will be given as well as an opportunity to avail of training in sighted guide skills if required.

The event takes place on Saturday the 9<sup>th</sup>, 1.30 pm – 5.30 pm and Sunday 10<sup>th</sup>, 1.30 pm – 5.30 pm If you have availability on either the 9th or 10th of December and at the times specified please contact Dolores on 065 68 66 800

### Bus Driver - Carrigoran

The Health & Wellness Centre at Carrigoran House, benefits the wider community by enabling older persons to be healthier, more active, vibrant & involved. It provides a daily programme which includes Social, Creative, Fitness and Leisure activities.

Based in Newmarket On Fergus they are currently looking for a bus driver to assist in supporting their clients on a Wednesday to get to and from the Centre. The bus is a 16 seater which requires a volunteer with a full clean driving licence to include the D1 category.

The role will include collecting clients from their homes and returning them in the afternoon. The volunteer will be required for approx. 1hr 15 mins on Wednesday mornings at 09:00am & once again for the return journey home in the afternoon from approx. 3:45pm. The volunteer driver will assist the clients in getting on and off the bus in a safe manner.

This volunteer will need to be 23 years or over and the role is subject to garda vetting as well as a full clean driving licence. The volunteer must have clear communication skills, patience and empathy. Refreshments will be provided by Carrigoran during the day. If you have availability on a Wednesday and like working with the elderly please contact Dolores on 065 68 66 800.

### Clarecare Thrift Shop

Clarecare runs Thrift Shops in Ennis and Killaloe. Quality second-hand clothes and furniture donated by the community are carefully selected, cleaned and presented for resale to the general community.

The proceeds from all sales go towards financing the delivery of Clarecare's services to the more vulnerable in our society. They are currently looking for volunteers for the Ennis Shop. The shop is open Tuesday to Friday from 10am to 3pm.

### 'Vincent's - Ennis' Retail Assistant

The Society of St Vincent de Paul is the largest, voluntary, charitable organisation in Ireland. To support the ongoing demands of the service, they have opened a new charity shop in Ennis called 'Vincent's'.

Volunteers are required to assist with stock rotation, dealing with customers, using the till and pricing donations. The shop is opened from Monday – Saturday (10am – 5pm) and volunteers are asked to commit to a 2-3 hour shift.

## Breakfast Club Volunteer Cloughleigh School

The Board of Management at Scoil Chríost Rí in Cloughleigh along with The Lions Club have set up a breakfast club for children attending the school.

The aim of the club is to provide a breakfast for children before attending school. This facility is set up to support up to 20 children.

The Breakfast club will be run at the Junction Community Building in Cloughleigh from Monday - Friday mornings between 8.15am - 9.15am from the 2nd October 2017 They are looking for volunteers who will work in pairs and be on a roster basis to carry out the following duties:- Set up breakfasts which will include (cereal, glass of milk, slice of toast), Serve the breakfast to children in a seated area. Assist in the clean up. This club will run until June 2018. If you are available between 8am - 09.30am one morning a week and would be interested in getting involved with this project please contact Dolores on 065 68 66 800

#### Cahercalla Charity Shop Ennis

Cahercalla Charity shop is open from Monday to Saturday from 09.30am to 5.30pm and raises money to support 24 hour nursing care, providing comfort, dignity and a better quality of life for terminally ill patients and emotional and practical support for their families in Cahercalla hospice.

The shop will stock clothes, shoes, handbags & hats and promotes and sells their seasonal items such as Sunflower pins / cards, Valentines cards, Christmas cards & wreaths. They are currently looking for volunteers to do 2 hourly slots on any day or time suitable to both parties

#### North West Clare Family Resource Centre Homework Volunteer

North West Clare Family Resource Centre is looking for volunteers to support and assist primary school children who attend the homework club.

This homework club is based in Ennistymon at North West Clare Family Resource Centre premises. A Homework Club for children from the Travelling Community is held each Monday from 3pm until 4.30pm and the Homework Club for Syrian Children Homework Club is held every Wednesday and Thursday from 3pm until 4pm.

Volunteers can opt to work with either group depending on their availability and are asked to commit to a minimum of once a month. Volunteers would work within the group and support and encourage the children to complete their homework. This role operates during term time and is fully supported by staff & volunteers at all times. If you have 2 hours a week on a Monday, Wednesday or Thursday and have an interest in working with young children in education please contact Dolores at The Clare Volunteer Centre on 065 68 66 800

# Clare Haven Services Volunteer Hairdresser & Beautician

Clare Haven Services is a voluntary organisation committed to promoting the rights of women and children to live and grow in a peaceful nonviolent home environment.

They offer assistance to those experiencing domestic abuse which inhibits women making their own choices.

As part of their relaxation programme for their clients they are looking for a volunteer hairdresser & volunteer beautician on a Monday evening from 6pm - 8pm. The volunteer hairdresser will have access to the hairdryer and straighteners on site but are asked to bring their own scissors and comb. The volunteer beautician will have access to a quiet space in order to offer treatments such as File & Polish, Mini Facials & eyebrow shape.

The refuge would try and support the volunteer to get nail polish etc but the volunteer would need to be able to access their own supplies also. This is an opportunity to make a difference to someone that may not have access to this type of service.

Contact Sharon or Dolores: 065 68 66 800 View up to date opportunities on www.volunteerclare.ie Like us on facebook: www.facebook.com/ClareVolunteerCentre If you would like to unsubscribe from this newsletter please email info@volunteerclare.ie with UNSUBSCRIBE in the Subject Field.