

April 2019 Newsletter

A snapshot of our latest volunteering opportunities. See the full list on www.volunteerclare.ie

STEM in Youth Work – Shannon Youth Service

What's Involved

The Shannon Youth Service is an integrated Service committed to using all elements to support the best possible outcomes for young people.

STEM in youth work is the process of introducing **Science, Technology, Engineering and Mathematics** as a hobby in a Youthwork setting. It is developing skills through soldering, wiring and simple programming with young people in an informal setting to encourage an interest in this area.

This type of role is being introduced to young people who may shy away from these areas in school or do not feel that these roles or areas would be accessible to them. The space allocated in Shannon is equipped with the tools to carry out these roles and it encourages young adults to develop their skills as well as their self-esteem and confidence. Projects may include digital creative media such as film making, art & design, podcasting, graphic design or more technical skills such as mechanics or woodwork.

They are currently looking for volunteers with a shared interest to assist with a small group at their dedicated Makerspace in Shannon on Saturdays from 12pm to 3pm. If this is of interest please contact Dolores on 065 68 45517

Homework Club Assistant for North Clare Family Resource Centre

North West Clare FRC offer a range of services to the local community in North Clare - from children to older people.

They are currently looking for volunteers to support and assist primary school children who attend the **Traveler Homework Club**. This homework club is based in Ennistymon at North West Clare Family Resource Centre premises.

The Homework Club is held each **Monday from 3 until 4.30pm**

Volunteers can opt to work are asked to commit to a minimum of once a month. Volunteers would work within the group and support and encourage the children to complete their homework. This role operates during term time and is always fully supported by staff & volunteers.

Bus Driver – Ennis Day Centre

What's Involved

The Ennis Day Care Centre provides a service for people living with Dementia. It provides social interaction, stimulation, and a safe and friendly environment where people can come and enjoy themselves.

They are currently looking for a bus driver to join their panel that can be called upon either on a Tuesday, Thursday or Friday. The volunteer would need to be available from 9.15am to start the collections. The bus is collected from the Centre and the route is based within a 5km radius of Ennis with a collection in Shannon on a Friday. The volunteer would need to be available for 3.45pm to return the clients home. The bus driver is always accompanied by a Carer on the bus.

The volunteer must have a clean driving licence with Mini bus category D1. Refreshments are provided during the day and the volunteer can avail of any training that take place in the Centre. If you have time to spare 1 day a week and have a clean D1 driving licence, please contact Dolores on 065 68 45517.

Retail Assistant – Irish Wheelchair Association

What's Involved

Irish Wheelchair Association (IWA) is Ireland's leading representative organisation and service provider for people with physical disabilities. The Irish Wheelchair Association (Clare Branch) help members with physical & sensory disabilities to achieve independence and mobility.

Their Charity Shop is based at Francis St. Ennis. They are currently looking for volunteers to do 3 hourly slots any time from 10 am to 5pm any day from Monday to Saturday.

The tasks would include: Accepting and sorting of donations. Tagging of donations and displaying items suitable for sale on rails. Separating items for recycling and displaying items in the shop. Using sales till and handling money. Providing friendly service to customers. Ensuring stock room is kept clean and tidy in line with Health & Safety standards. Free parking is available to volunteers as well as tea/coffee.

Bus Driver – Carrigoran

The Health & Wellness Day Centre at Carrigoran House, benefits the wider community by enabling older persons to live longer in the community be healthier, more active, vibrant & involved. It provides a daily programme which includes Social, Creative, Fitness and Leisure activities.

They are currently looking for a bus driver to assist in supporting their clients on a Wednesday to get to and from the Centre. The role will include collecting clients from their homes and returning them in the afternoon. The volunteer will be required for approx. 1hr 15 mins on Wednesday mornings at 09:00am & once again for their return journey home in the afternoon from approx. 15:30pm. The bus is a 16 seater which requires a volunteer with a full clean driving licence to include the D1 category.

The volunteer driver will assist the clients in getting on and off the bus in a safe manner. This volunteer will need to be 23 years or over and the role is subject to garda vetting as well as a full clean driving licence.

Refreshments will be provided by Carrigoran during the day. If you have availability on a Wednesday and like working with the elderly please contact Dolores on 065 68 45517

Cultural Companion – Brothers Of Charity

The Brothers of Charity Clare are a person-centered organization that recognizes each person as unique. Their vision is to support everyone to achieve a full and valued life in their community.

The Brothers of Charity has the opportunity to take part in a Pilot Arts Foundation Programme which will take place in Ennis from April to Sept 2019. This initiative has been developed by the Clare Arts Office in response to the need for artists/arts organisations workspace in Ennis.

They are looking for a volunteer to assist with this Arts programme each Monday with a view to accompanying a person to attend a cultural event once a month at a later stage. The role requires a time commitment of 2 hours each week for 6 months. Volunteer times available are 10 to 12.00 pm. 12.00pm to 2pm and 2pm to 4pm.

The volunteer will support people to explore their creative side. If you have 2 hours free on a Monday have an interest in Drama, Painting or Ceramics and would be interested in supporting a person with an Intellectual disability please contact us.

Tourist Information Officer

Scariff Community Council represent the local businesses and members of the local community. They carry out many projects relating to town enhancements. They manage the running of a voluntary community tourist office in Scariff. They oversee the upkeep of the Riverside Park and Playground and represent the Clare County Council on local issues relating to town infrastructure, parking etc.

They are currently looking for 2 volunteer tourist information officers to provide local travel, hospitality and accommodation information to tourists and to promote local attractions in the area.

The tasks will include:-

- Answer questions from tourists, visitors, local residents, in person, via email or online & make suggestions on tours, travel routes, accommodation and local attractions.
- Provide literature and information on local tours and places of interest.
- Undertake general clerical and office duties & updating/amending of website.
- Assist with the editing of the Scariff Community Newsletter,
- Sending out email/letters for payment

They are looking for support 2 mornings a week from 11am to 1pm on any morning from Monday to Friday at their base in Scariff.

Community Games Assistants – Doora Barefield Community Games

Doora Barefield Community Games is an independent voluntary organisation. It aims to provide opportunities for children and young people aged 6-16 years to develop active healthy lives in a safe environment through experiencing a wide range of sporting and cultural activities.

They are holding their Sports/Athletics evening on **Wednesday evening 1st May from 5pm to 8 pm**. They are looking for 2 assistants to join their existing team of volunteers to ensure that the event runs smoothly.

The tasks are as follows:-

- Putting up tent and setting up for the evening.
- Taking Registration.
- Preparing Fruit/water for the competitors, as part of "Steps to Health" initiative.
- Organising the children and lining them up for various events.
- Organising & distribution of medals.
- Stewarding (to ensure everyone is off the track when events are taking place).
- Ensuring Health & Safety at all times.

All volunteers will be manning stations in pairs and will be fully supported at all

times by the Community Games Coordinator. If you are available on the May 1st and can give 3 hours at Lee's Road please contact Dolores on 065 68 45517

Facilitator – Accord

Accord Catholic Marriage Care Service Company

Accord is a voluntary Catholic organisation that aims to promote a deeper understanding of Christian marriage and to offer people the means to safeguard and nourish their marriage and family relationship.

They have an opportunity to recruit and train **facilitators** over the next 18 months. They are looking for volunteers to become part of a team to facilitate the **Pre Marriage Course Preparation** which is a requirement for all couples contemplating marriage within the Catholic Church.

Applicants who meet the criteria are invited to attend a one day Selection Conference held in Maynooth. Following selection, successful applicants are invited to attend training – Certificate in Marriage Education, 11 workshops on ACCORD programme training – presentation skills and facilitation skills.

All training takes place from September to June on Saturday & includes two residential Friday nights. A commitment of 3 years is requested following Training and Graduation.

During the training year, the trainee will observe one Marriage Preparation Course and participate on three courses prior to graduation. Following graduation, the volunteer will be asked to facilitate a minimum of **3 courses per year** which take place in Ennis on a Friday from 6pm - 9.30pm and on Saturday from 9am to 4.30pm.

If this is something of interest to you please contact Dolores on 065 68 45517

We have moved! The Clare Volunteer Centre is now located in the Clare Education Centre, Government Buildings, Kilrush Road. Call us on 065 68 45517 to make an appointment to call in or to find out about any of the opportunities.

If you would like to unsubscribe from this newsletter, please email info@volunteerclare.ie with UNSUBSCRIBE in the Subject Field.