

New Opportunities September 2016

September 2016

Welcome to our monthly newsletter, with a snapshot of the latest volunteering opportunities available.

Samaritans Open Evening

Tuesday 13th and Thursday 15th September

Ennis And Clare Branch of the Samaritans are holding Information Sessions at 8.00 p.m. on Tuesday 13th & Thursday 15th September 2016 at Sunville, Kilrush Rd., Ennis for people who are interested in joining Samaritans.

No formal qualifications or specialised experience are required - anybody (18 years old and over) can become a Volunteer.

An ability to listen without prejudice & remain open minded is essential. Volunteers pledge to attend special induction training and continuing ongoing training. All volunteers commit to sign up for three hours a week and one overnight duty each month. In the course of a duty in addition to answering the confidential phone lines Volunteers in Ennis may deal with email contacts and face to face callers in the centre, **please contact Dolores or Sharon at info@volunteerclare.ie or 065 68 66 800** for more information.

St Vincent de Paul

Miltown Malbay, Ennistymon, Kilkee Conference

St Vincent de Paul Society tackles poverty in all its forms through practical help & support

They are looking for volunteers to join their teams in Miltown Malbay, Ennistymon & Kilkee to provide support to families in need.

A small group who meet regularly, their work is usually based on home visitation. The volunteer will work alongside the existing team, providing support & advice to families in the Clare area in a confidential manner.

Volunteers always work in pairs and full training and ongoing support is given. A great opportunity to be part of an internationally recognised organisation focused on providing support to those most in need. To find out more about the St Vincent de Paul Society, contact the Clare Volunteer Centre.

Rape Crisis Midwest

SATU Volunteers - Training launched

SATU stands for Sexual Assault Treatment Unit. By becoming a SATU Support Worker you would be accompanying clients to receive a forensic clinical examination.

As a SATU support worker you would be required to provide emotional support and crisis advocacy. You must ensure that the victim/survivor gets as much information as she/he needs in a way that they can understand.

Our next Support Worker course is commencing, the dates for the training over a 3 month period are as follows;

1. Saturday 24th and Sunday 25th September
2. 2nd October, 9th October, 16th October and 30th October
3. Saturday 5th and Sunday 6th November

Topics covered include SATU & forensic process, medical and legal process, history of sexual violence, gender difference & conditioning, myths, crisis counseling, impact of rape and sexual abuse / trauma / stages in recovery, male rape, addictions, SATU hospital visit.

This course is free but registration and completion of application form is essential.

Please contact Dolores on 065 68 66 800 or info@volunteerclare.ie

Shannon Credit Union

Committee Member

The credit union movement is built upon the efforts of thousands of volunteers who give freely of their time and skills to their credit unions in the spirit of cooperation. Each credit union has a team of volunteers with the skills and knowledge to lead and manage that credit union.

The credit union committees offer an excellent starting point for new volunteers. These committees provide experience, learning and an active role within the credit union.

Shannon Credit Union is looking for volunteers with a range of skills from finance, HR, marketing, pr or just a general interest in the work of the credit union. If this role is of interest to you, please contact the Clare Volunteer Centre

Breakfast Club Assistant

Scoil Chríost Rí, Ennis

The Board of Management at Scoil Chríost Rí in Cloughleigh along with The Lions Club have set up a breakfast club for children attending the school. The aim of the club is to provide a breakfast for children before attending school. This facility is set up to support up to 20 children.

The Breakfast club will be run at the Junction Community Building in Cloughleigh from Monday - Friday mornings between 8.15am - 9.15am. They are looking for volunteers who will work in pairs and be on a roster basis to carry out the following duties:-

- Set up breakfasts which will include (cereal, glass of milk, slice of

toast) - Serve the breakfast to children in a seated area. Assist in the clean up

School starts at 9am and a teacher will arrive at 08.55am to collect pupils and walk them to the school. If you are available between 8am - 09.30am one morning a week and would be interested in getting involved with this project please contact Dolores on 065 68 66 800

Homework Club Support

German & Irish

Clarecare provide a range of professional, county wide services through individual support and group programmes. Among the services provided is the homework clubs. Volunteers are currently required for the homework clubs based in Ennis.

The homework clubs run according to school terms. The ideal volunteer would have an interest in working with children to support them in understanding and completing their homework either at primary or secondary level. It runs Monday & Tuesday from 4pm to 6pm and Wednesday 3.30pm to 5.30pm For 2016 / 2017 they are specifically looking for support in German & Irish for homework and preparation for Oral up to leaving cert level.

If this is something of interest to you please contact Dolores on 065 68 66 800

Ennis General Hospital

PAL Volunteer

Patient Advocacy Liaison Volunteers are being sought for Ennis General Hospital.

Coming to the hospital can be an emotional and vulnerable time for people. Our volunteers will work in pairs and will:

- Be an ambassador for Ennis Hospital.
- Welcome visitors to Ennis Hospital.
- Offer assistance
- Assist with way finding to various wards, clinics, departments.
- Walk with hospital visitors to their location if necessary.
- Request wheelchairs on behalf of patients.
- Help gather patient feedback on their experience in hospital.
- Provide companionship to patients.
- Engage in activities such as bingo and card -playing with patients, contact Dolores at The Clare Volunteer Centre on 065 68 66 800

Contact Sharon or Dolores: 065 68 66 800

View up to date opportunities on www.volunteerclare.ie

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