

# October 2017 Newsletter

*Welcome to our monthly newsletter, with a snapshot of the latest volunteering opportunities available.*

## Halloween Festival

Saturday 28<sup>th</sup> October - Ennis

The traders of Parnell Street/High Street / Wood Quay/ Chapel Lane and Merchant's Square are organising a programme of family friendly events for **Saturday October 28<sup>th</sup>**. This will include a (short) parade to start at 6.30pm which will take a route through Parnell Street and its surrounds, and will finish in Wood Quay car park. Parade Marshalls are required to ensure the participants follow the assigned route.

**Volunteer Co-ordinator:** We are looking for a volunteer coordinator to work with the parade committee in supporting the parade marshals during the parade. You will be asked to meet with the Parade Marshalls at a designated meeting point 30 minutes before the event. To distribute high viz vests and direction to the volunteers. All volunteers will be able to avail of refreshments at the end of the parade. If you have excellent communication skills, an interest in the town of Ennis and good team leader skills we would love to hear from you!

**Parade Marshals:** Great opportunity to be part of a fun event to celebrate Halloween. You will be part of a team to ensure that the parade runs safely and follows the designated route. Some of the parade marshals will be required to walk with the parade, other marshals will be asked to be situated at designated points. You will be provided with a high viz vest and refreshments post parade.

## Down Syndrome Clare Branch Flag Day - Friday 6<sup>th</sup> and Saturday 7<sup>th</sup> October

The Clare Branch of Down Syndrome Ireland are holding their annual flag day on Friday 6<sup>th</sup> & Saturday 7<sup>th</sup> October at Dunnes Stores in Ennis.

This role takes place from 10am to 6pm on both days and they are asking volunteers to give 2 hours of their time.

Funds raised during the flag day campaign will go towards to horse riding, swimming, bi-weekly baby and toddler group. If this is something of interest to you and you have time to give please contact Dolores

## Rape Crisis Midwest

Dainty Daisy Event - Friday 20<sup>th</sup> October

Rape Crisis Midwest is a free non-judgmental service for female and male survivors of all forms of sexual abuse. The organisation's overall vision is to end sexual violence.

The Dainty Daisies event is being held this Friday 20<sup>th</sup> October in Woodstock Hotel to raise money to support the ongoing work of the Clare Centre. The event involves local men who participate in a beauty

pageant, showcasing their talents.

### **Event Assistants**

We are looking for volunteers to join our Event Team on the night. You will be asked to direct people to their seats, sell raffle tickets at the interval, and assist the Event Team in ensuring that all have an enjoyable evening. All volunteers will be issued with a Rape Crisis T-shirt & goodie bag.

---

## Clare Youth Service

### Youth Leader

The Clare Youth Service is an integrated Service committed to using all elements to support the best possible outcomes for young people:

This service exists to serve county Clare's young people aged 12 -25, by providing information on rights and entitlements; by representing youth interests & providing education and training;

Clare Youth Service is currently looking for volunteer leaders to get involved in a "Youth Café Project" based in Ennis. This is a project aimed at young people aged 13 - 18yrs. The project is run by a committee of 7 young leaders and they have currently up to 18 young people attending each Saturday from 1pm - 3pm. If you would like to find out more, contact the Clare Volunteer Centre.

---

## Clare Haven Service

### Afterschool Activities Volunteer

Clare Haven Services provide support, information and refuge accommodation to women and their children experiencing Domestic Violence/Abuse.

They are looking to set up an Afterschool Activities Club for children from primary school age up to 15 years. The activities will range from Boardgames, Arts & Crafts as well as outdoor games (weather permitting). There is also an opportunity for children to get support to complete their homework if that is required.

This club will run on Tuesday & Thursday evenings from 5pm - 7pm in Ennis and volunteers will be offered support and training for this role. A confidentiality agreement will also need to be signed.

Because of the nature of the service it may be necessary to create a pool of volunteers that are flexible with their time and can be called on or cancelled at short notice.

Volunteers will be supported at all times in their role and refreshments will be provided.

If you have 2 hours a week to spare, like working with children and young teens this would be a great role for you!

Cahercalla Community & Hospice have a charity shop based in Ennis. They are looking for a volunteer to join their sorting team to ensure that the shop is fully stocked with new donations.

The Sorting depot is situated at the back of Cahercalla Hospital in a designated area. This is a space where all donations are received and sorted in to various categories ie shop stock, recycling, waste etc.

They are looking for volunteers to join their team which meet every morning and afternoon from Monday to Saturday.

If you have 2 hours to spare and would like to support Cahercalla Hospice please contact Dolores on 065 68 66 80

---

### Cuan an Chláir

The Clarecare Day-care centre in Cuan an Chlair Ennis is looking for volunteers to help with social engagement and inclusion of older people.

**Arts and Crafts Volunteer:** The Clarecare Day-care centre in Cuan an Chlair Ennis is looking for a volunteer with a love of arts and crafts to work with a group of 20/30 senior citizens. Preferably someone with an art background that can offer engaging arts and craft sessions. The project will run for 6 weeks initially, and the volunteer shall be supported by the Day-care centre staff.

**Day Centre Volunteer:** Interacting on a one on one basis and sometimes in groups to encourage the older person/s to participate in scheduled events, activities, to help improve their dexterity, mind and daily social interaction.

Must have the ability to work comfortably within a group of approx. 30/40 older persons.

**Bus Driver:** To collect the older people from their homes/designated meeting point to Cuan an Chláir and ensure that the passengers get on and off the bus in a safe manner, Must have a clean driving licence, with Mini Bus category D1.

**Music Volunteer:** The Clarecare Day-care centre in Cuan an Chlair Ennis is looking for a volunteer with a love of music and singing to work with a group of approx. 30 senior citizens. Preferably a guitar player or a piano player with a selection of different types of music suitable for this particular generation.

The project will run for 6 weeks initially, and the volunteer shall be supported by the Day-care centre staff.

---

### Ennis General Hospital

#### PAL Volunteer

Patient Advocacy Liaison Volunteers are being sought for Ennis General Hospital.

Coming to the hospital can be an emotional and vulnerable time for people. Our volunteers will work in pairs and will:

- Be an ambassador for Ennis Hospital.
- Welcome visitors to Ennis Hospital.
- Offer assistance
- Assist with way finding to various wards, clinics, departments.
- Walk with hospital visitors to their location if necessary.
- Request wheelchairs on behalf of patients.

- Help gather patient feedback on their experience in hospital.
- Provide companionship to patients.
- Engage in activities such as bingo and card -playing with patients

---

## Carrigoran Arts & Craft Volunteer

The Health & Wellness Centre in Carrigoran are currently looking for a volunteer willing to put together an arts and crafts project for a group of up to 15 people. This group attends the day centre and are always looking for new challenges and ways to display their creativity and talents.

The Health & Wellness Centre has a purpose built Activities Room which the volunteer will have full access to. The project can range from card making / jewellery making / flower arranging etc and any materials required will be supplied.

This is a role for someone with a creative nature and general artistic talents. The volunteer will be asked to come up with a project for a period of 6 - 8 weeks on a Tuesday morning from 11.30am – 1pm. The volunteer will be given full support by the volunteer co-ordinator and will be offered refreshments.

If you are available on a Tuesday morning and would like to work with a great group, full of fun and eager to get involved, please contact Dolores on 065 68 66 800.

---

## Clare Haven Services Volunteer Hairdresser & Beautician

Clare Haven Services is a voluntary organisation committed to promoting the rights of women and children to live and grow in a peaceful non-violent home environment.

They offer assistance to those experiencing domestic abuse which inhibits women making their own choices.

As part of their relaxation programme for their clients they are looking for a volunteer hairdresser & volunteer beautician on a Monday evening from 6pm - 8pm. The volunteer hairdresser will have access to the hairdryer and straighteners on site but are asked to bring their own scissors and comb. The volunteer beautician will have access to a quiet space in order to offer treatments such as File & Polish, Mini Facials & eyebrow shape.

The refuge would try and support the volunteer to get nail polish etc but the volunteer would need to be able to access their own supplies also. This is an opportunity to make a difference to someone that may not have access to this type of service.

---

Contact Sharon or Dolores: 065 68 66 800

View up to date opportunities on [www.volunteerclare.ie](http://www.volunteerclare.ie)

Like us on facebook : [www.facebook.com/ClareVolunteerCentre](http://www.facebook.com/ClareVolunteerCentre)

If you would like to unsubscribe from this newsletter please email [info@volunteerclare.ie](mailto:info@volunteerclare.ie) with UNSUBSCRIBE in the Subject Field.