

April 2018 Newsletter

A snapshot of our latest volunteering opportunities. See the full list on www.volunteerclare.ie

Cuan an Chláir - Bag Packing Saturday 21st April

Cuan An Chláir Day Centre operates from Monday to Friday from 10am - 3pm on the grounds of Cahercalla. This is an opportunity for older people to meet, socialise and participate in activities as well as availing of various services.

They are holding a bag packing event on **Saturday 21st April** at Dunnes Stores in Ennis. All proceeds from this event will go towards the fit out of their new computer room. They are hoping to purchase some computers and offer training to their clients on using the internet and skype.

The bag packing is operating 2 hourly slots from 10am to 6pm on **Saturday 21st April**. If you have 2 hours to spare please contact Dolores on 065 68 45517

Irish Guide Dogs for the Blind – Clare Branch Ennis – Friday 27th April

The Irish Guide Dogs for the Blind are holding their Annual Heroes Appeal on Friday 27th April on the streets of Ennis.

The proceeds from the Heroes Appeal go directly towards training more Guide dogs to support more people in the community.

There will be various collections points around Ennis and the time slots are as follows: 10am – 12pm ♣ 12pm – 2pm ♣ 2pm – 4pm ♣ 4pm – 6pm

We will meet at agreed time at the Irish Guide Dogs base in Ennis to collect Bucket/Box of pins/wristbands, Hi-Viz Vest and copy of permit. There will be a lead volunteer on the day to support you. If you have 2 hours to spare on Friday 27th April anytime between 10am and 6pm please contact Dolores.

Web Designer

Lissycasey Music Festival – Live at the Marquee

The Lissycasey Music Festival is an annual event that raises funds for the Fergus Rovers Ladies Football Club, Lissycasey GAA Club, Fergus Athletic Club and Lissycasey Tidy Towns.

The committee are looking for a volunteer to help them to design and develop a website, profiling the musical acts that attend the festival and promoting the event. The volunteer should be working in web design / development or have a relevant qualification. The volunteer should have excellent knowledge of HTML & CMS systems and be creative with excellent communication skills. The role would be based remotely with occasional meetings

An opportunity to gain great experience while supporting a local organisation raising money for other not for profit groups. To find out more contact Dolores.

Website & Social Media Volunteer

Clare Community Games

Clare Community Games provides sporting and cultural activities for children under 16 years. Activities range from Art and Athletics to Soccer and Singing. They are currently looking for a volunteer to assist in managing their Website and Facebook page as well as their Twitter account.

The tasks would include: To promote the organisation via website providing information on upcoming events etc. Maintain the Facebook page and keep it up to date. Upload photos and results following various events. Pass on enquiries received via the webpage or social media. Maintain the Twitter account.

The volunteer should ideally have some basic skills in using content management systems (e.g. Wordpress, Joomla etc.) and be very familiar with Facebook and Twitter. Knowledge of FTP and HTML would be an advantage. Contact Dolores to find out more.

Basket / Pot Planter

Ennis Day Care Centre - Alzheimer Society

The Ennis Day Care Centre based in Cahercalla offers a relaxed and friendly environment for their clients that have been diagnosed with some form of Dementia.

This acts as a respite support for families and provides a safe place for people to socialize. They get involved in meaningful activities, and enjoy themselves through Yoga, Music, Dog Therapy, Bingo and Crosswords.

The group is looking for a volunteer to lead on the planting of baskets and pots to generate colour for the summer. All supplies would be provided as well as refreshments and good company. This role can be carried out on a Tuesday, Thursday or Friday. If you have an interest in the garden and available one morning or afternoon on a Tuesday, Thursday or Friday please contact Dolores on 065 68 45517

Instagram Blogger – Brothers of Charity

The Brothers of Charity are looking for a volunteer to create an Instagram account and accompany a lady to visit accessory shops and take pictures of stylish accessories.

The aim is to blog images of fashion accessories. The role requires a time commitment of two hours each week for three months. Wednesday 10.30 to 12.30 each week.

This role will offer the right person an opportunity to work with adults with intellectual disabilities and be supported by the organisation.

It is an opportunity to explore new skills and use existing ones.

If you have an interest in fashion are good on social media and have 2 hours a week please contact Dolores at The Clare Volunteer Centre.

Art Project

Ennis Day Care Centre - Alzheimer Society

The Ennis Day Care Centre based in Cahercalla offers a relaxed and friendly environment for their clients that have been diagnosed with some form of Dementia.

The group is looking to carry out an Art project over a period of 4 - 6 weeks. The project would be agreed with both the volunteer and the manager of the Centre and all materials would be provided. This role can be carried out on a Tuesday, Thursday or Friday. If you have this skillset and are available one morning or afternoon on a Tuesday, Thursday or Friday please contact Dolores on 065 68 45517

Website Support - Stop The Secrets

Stop the Secrets has been set up to provide support to people that have experienced sexual trauma at some point either as a child or adult. It is open to both Male & Female over the age of 18 years in the form of a 6 weekly program.

This program is based in Newmarket On Fergus and offers various supports from Yoga to Counselling and Psychotherapy. They are currently looking for a volunteer to maintain their website and to set up a Facebook page.

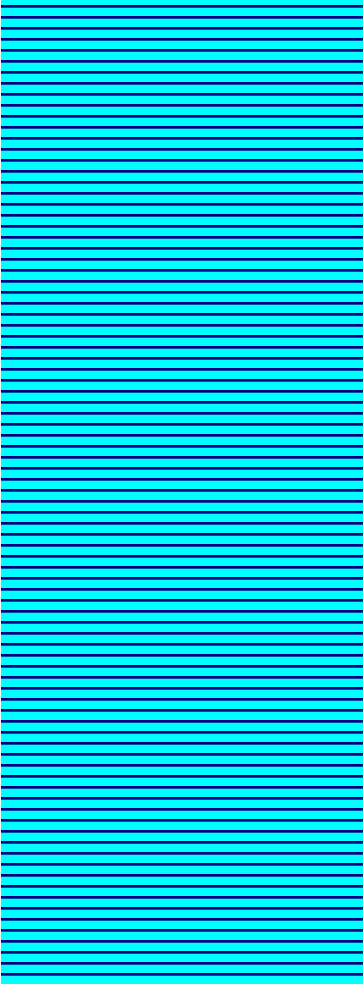
The tasks are: To promote the support service via website providing information and photos and keeping it up to date. Set up a Facebook page. Upload various support service information when required. Create links on the webpage. Pass on enquiries received via the webpage.

This is a highly confidential role and all volunteers will be asked to sign a confidentiality agreement before commencement. The role is based in Newmarket on a Friday morning from 9.30am to 11.30am. If you have 2 hours to spare on a Friday morning and would like to assist in this role please contact Dolores on 065 68 66 800

Bus Driver - Alzheimer Society

The Ennis Day Care Centre based in Cahercalla offers a relaxed and friendly environment for their clients that have been diagnosed with some form of Dementia.

They are currently looking to set up a bus drivers panel that can be called upon on a Tuesday, Thursday or Friday. The volunteer would need to be available from 9.15am to start the collections. The bus is collected from the Centre and the route is based within a 5km radius of Ennis with a



collection in Shannon on a Friday. The volunteer would need to be available for 3.45pm to return the clients home.

The bus driver is accompanied by a Carer on the bus at all times. Whilst the driver is stood down during the day they are welcome to stay at the Centre where refreshments are provided.

There is a flexibility with this role as a volunteer can opt to do 1 day a week or do mornings or afternoons only. The volunteer will be offered manual handling training and are welcome to avail of any training in Dementia. The volunteer must have a clean driving licence with Mini bus category D1. If you have time to spare 1 day a week and have a clean D driving licence please contact Dolores on 065 68 45517

We have moved! The Clare Volunteer Centre is now located in the Clare Education Centre, Government Buildings, Kilrush Road. Call us on 065 68 45517 / 065 68 45513 to make an appointment to call in or to find out about any of the opportunities listed.

View up to date opportunities on www.volunteerclare.ie
Like us on facebook : www.facebook.com/ClareVolunteerCentre
If you would like to unsubscribe from this newsletter please email info@volunteerclare.ie with UNSUBSCRIBE in the Subject Field.