

October 2021 Newsletter

A snapshot of our latest volunteering opportunities. See the full list on www.volunteerclare.ie

Meals On Wheels Newmarket On Fergus

What's Involved

Obair Meals on Wheels service is based in Newmarket On Fergus. This service prepares & delivers meals to older people in their home who are unable prepare their own meals. It operates from a purpose built new building in Newmarket and delivers a hot 2 course meal Mon to Fri. These meals are delivered daily in the areas of Ennis, Shannon, Newmarket on Fergus, Sixmilebridge, Clarecastle, Doora, Quin, Kilkishen, Kilmurry and Bunnratty. Obair has 5 of their own branded Meals on Wheels vans for use across 6 delivery routes.

Due to the increase in demand in the last 2 years they are looking to once again increase their panel of volunteers over the next few weeks to provide additional support in the various communities.

They are currently looking for volunteers with a full clean driving licence to join their team to carry out the following tasks:

- Drive the Meals on Wheels vehicle to and from the locations using Eircode leaving from Newmarket on Fergus and returning after each route.
- Carrying the packaged meals from the van to the door of each household
- Spend a small few minutes chatting with the clients on the delivery route

Volunteers often carry out the deliveries in pairs but on some routes a volunteer both drives and delivers, it is a personal preference. Each delivery route takes no more than 2 hours.

This role will be carried out Monday to Friday between 11 and 2pm.

If you have 3 hours a week to spare one day a week and have a full clean driving licence, please contact Dolores on 065 6845517 or dolores@volunteerclare.ie

Meet & Greet Volunteers – Haven Horizons

What's Involved

Haven Horizons are preparing to welcome small groups of visitors from the United States to their charity shop on the Gort Road, Ennis. This is a very exciting opportunity for Clare Haven as this group is connected to a philanthropic organisation that donates to a charity of their choice and they have chosen Clare Haven Horizons.

Haven Horizons will start to welcome the groups from Thursday 30th Sept and will run on various days up to Nov 14th.

Volunteers will be asked to do the following:-

- Provide a warm and professional welcome to visitors.
- Offer light refreshments to the group
- Clear away tables and clean dishes and utensils.
- Replenish refreshments throughout the visit
- Signpost visitors to the designated presentation area.

This role is carried out from 9am to 11.30am on any morning from Thursday 30th Sept to Monday 15th Nov. If you have availability on any morning and would like to get involved in this project, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Homework Club Support – Ennistymon

What's Involved

The North West Clare Family Resource Centre is back up and running and is looking for volunteers to support and assist primary school children in their Afterschool Homework Club. This Homework club supports both Travellers and The Syrian Community.

The Club is based in Ennistymon and is fully supported by The North West Clare Family Resource Centre.

The Homework Club is held each Tuesday, Wednesday & Thursday from 2.45pm to 4pm but volunteers are required 15 minutes before and after if possible.

Volunteers can opt to work with either group depending on their availability and are asked to commit to a minimum of a term so as to maintain continuity.

Volunteers would work within the group and support and encourage the children to complete their homework.

This role operates during term time and is fully supported by staff & volunteers at all times.

If you have 2 hours a week on any Tuesday, Wednesday, or Thursday and have an interest in working with young children in education please contact Dolores at The Clare Volunteer Centre on 065 68 45517 or email dolores@volunteerclare.ie

Event Coordinator – Rape Crisis Midwest

The Rape Crisis Centre has seen an increase in calls to its helpline during the pandemic in Ennis Nenagh and Limerick. The pandemic has also affected their fundraising income.

The staff and volunteers are now looking ahead to January 2022 and are planning a Virtual Walking Event to raise much need funds for their counselling services. This virtual walking event will be based in Clare. They are looking for a volunteer to lead on their marketing and promotional activity to make this event a success.

The tasks would be

- Developing a promotional and marketing plan
- Target companies to encourage to sign up for a "promotional package"
- Using all social media platforms to reach out to individuals and groups.
- Target specific groups using a bit of creativity to encourage people to get involved .

The volunteer required for this campaign would need to be active on social media as well as all other off- line platforms and have the creativity to generate interest. This is an ideal opportunity for someone looking for experience for their Event / Business Course OR for someone that is a good organiser.

This role can be carried out at home but will have the full support of the team at the Centre. All promotional materials and cost associated with this project will be covered.

If you have experience at promoting an event or have the skill set required for this role, please contact Dolores on 065 68 45517 or dolores@volunteerclare.ie

Admin Support – Irish Rare Breeds Society

What's Involved

The Irish Rare Breed Society are involved in many projects throughout the year and are currently looking for Administration support.

This Organisation is involved in the genetic conservation and monitoring of rare breeds of farm animals. This role would suit someone with an agricultural background although it is not essential as it is purely administration. The group meet over Zoom on a monthly basis, and the tasks would be as follows:

- Be available for a call over Zoom once a month
- Take the minutes of the meeting and issue to all members
- Updating of website and social media.
- Ensure the database is updated.

- Ensure relevant paperwork is complete as per the Charity Regulator.
- Assist with the application of LEADER Funding Applications / Grants.

This role can be carried out from home and will be fully supported by the team. The volunteer will be fully briefed and kept updated at all times.

If you have administration experience and would welcome a new project, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie for further information.

Irish Cancer Society Charity Shop – Ennis

What's Involved

The Irish Cancer Shop which is situated in Parnell Street in Ennis is currently looking for volunteers for 2 hours any afternoon from Monday to Saturday.

The tasks would include:

- Accepting and assisting with receipt of donations (clothes , toys, furniture, books)
- Sorting donations and ensuring all items are suitable for sale
- Separating un-saleable items for recycling.
- Pricing and using the tagging gun to attach tags to clothes.
- Ensuring stock is displayed correctly on shelves, rails and display areas.
- Provide excellent customer service in a friendly and welcoming manner.
- Using sales till and handling money
- Ensuring stock room is kept clean and tidy in line with Health & Safety standards.

Please note that all volunteers must now adhere to the guidelines related to Covid 19 as instructed by the shop manager. It must be stated that once the volunteer is trained with Health & Safety as well as the Covid guidelines it is up to the volunteer to ensure they maintain the required social distancing measures as well as the mask wearing and to use their own initiative at all times to comply with the guidelines

There are tea/coffee facilities within the shop and a great welcome for volunteers. If you have 1 - 2 hours to spare any morning or afternoon please contact The Clare Volunteer Centre 065 6845517 or email dolores@volunteerclare.ie

Teddy Washers – Team Hope

What's Involved

Team Hope are delighted to say they are back to putting the Shoeboxes together for 2021. They are currently sourcing a warehouse in Ennis and details of the location will be released in the next few weeks.

Every year Team Hope finds cuddly toys that have been damaged in transit and need to be washed and dried before they can be packed and delivered to the children.

Ideally the Teddy Washer volunteers would pick up the bag of items which need washing from the Ennis warehouse once it is opened in the next few weeks. They take the toys home to wash and dry them, then return to the Ennis warehouse once completed. Teddy washers are very important to the group and all volunteers will be welcomed with a cup of tea or coffee and introduced to the rest of the team.

if you are without transport, live in Ennis and would like to be involved in this role, one of the team will drop items to be washed to you and pick them up within two days (to allow time for items to be dried).

If this is something you think you could assist with, please contact Dolores at 065 68 45517 or dolores@volunteerclare.ie

Shoebox Collectors – Team Hope

What's Involved

Team Hope are delighted to say they are back to putting the Shoeboxes together for 2021. They are currently sourcing a warehouse in Ennis and details of the location will be released in the next few weeks.

They are now looking for Volunteers to pick up filled shoeboxes from schools and businesses and deliver to the Ennis warehouse where they will be prepared for shipment.

Locations are often, Shannon, Sixmilebridge, Newmarket areas in West Clare, North Clare and East Clare.

Collectors must have their own vehicle and insurance. They are often expected to say thank you to the children in the form of certificates, as well as verbally on behalf of Team Hope whilst they bring their box to the vehicle or in a classroom.

This role will take place over the next 6 weeks and the time is flexible.

If you have your own transport and would like to get involved in this short term project, please contact Dolores on 065 68 66 45517 or email dolores@volunteerclare.ie

Please be advised that we have now returned to the office at Kilrush Road, Ennis and can be contacted on 065 68 45517 by email at dolores@volunteerclare.ie OR sharon@volunteerclare.ie

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