

November 2021 Newsletter

A snapshot of our latest volunteering opportunities. See the full list on www.volunteerclare.ie

Computer Tutor – Ennis

What's Involved

Mna Ag Gaire was set up by group of women in 2019 with a goal to reach out to all women from a diverse range of backgrounds to improve their role in their own lives and in their local communities. They have a digital hub based in Ennis and can provide the space, modern technology, and the support in order to return to employment, career development or entrepreneurship.

They are looking for a computer tutor volunteer to take on a class of 6 to 8 women keen to develop their digital skills. The course is to run from Monday 8th Nov for 6 weeks from 11am to 12pm, OR 11.30am to 12.30pm This group would like to concentrate on basic word documents, CV preparation, letters, emails, and social media.

The volunteer would be joining a great group of women full of enthusiasm and fun keen to upskill. The volunteer would be warmly welcomed, and refreshments would be provided.

If you have the skill set, are interested in working with a group and have availability on a Monday from 8th Nov to 13th Dec please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Coffee Morning Volunteers – Ennis

What's Involved

Mna An Gaire based in Ennis are a group open to women of all ages and backgrounds coming together to learn and to share their knowledge. They are involved in activities from Yoga & Meditation to upskilling. They have a designated comfortable space in Ennis where they have kitchen facilities along with a digital hub.

They are holding coffee mornings on a Tuesday & Thursday in Nov & Dec and are looking for volunteers. The Coffee Mornings are running from Tuesday 9th Nov at 11am to 12pm and on a Thursday 11th Nov from 11am to 12pm. They are currently looking for volunteers to take on the following tasks:-

Open the doors and set up for 11am
Set out the Tea/Coffee and refreshments

Give out relevant information re classes, courses etc.
Assist with filling out forms to join Mna An Gaire
Assist with the clear up

This is a very welcoming group open to all new visitors and the volunteers would be invited to join the group.

If you have availability on any Tuesday or Thursday in Nov and keen to get involved with this group please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Warehouse Personnel - Shoebox Appeal

What's Involved

The Shoe Box appeal is back in action for 2021. This project will commence at the beginning of Nov and it will be all hands on deck until the 30th Nov when the lorry will depart Ennis en route to Eastern Europe.

This roles based in the Warehouse will be carried at a location in Ennis from 8th Nov to 19th Nov from Monday to Friday the times are 10am to 12pm and again in the evening from 7pm to 9pm.

There are various roles required in the warehouse from off loading boxes in the goods in area to moving the boxes through the various stages.

The duties would be as follows:-

- Off loading shoe boxes from cars at the drop off point.
- Moving the boxes from assemble right through to packing.
- Operating various QC checks
- Rewrapping of boxes where necessary.
- Once the shoeboxes have been packed all cartons need to be loaded onto the shipment.

This is a great environment working alongside other volunteers keen to make a difference in a child's life over Christmas.

Volunteers under the age of 18 will be asked to fill out an application form and a signature for parental consent will be required.

If you have 2 hours to spare from the 8th November and are happy to help over a 2 week period please contact Dolores at The Clare Volunteer Centre on 065 68 45517 or email dolores@volunteerclare.ie

Children Activities Volunteer – Clare Haven Services

Clare Haven Services provide support, information and refuge accommodation to women and their children experiencing Domestic Violence/Abuse.

They have set up an Activities Club for children from primary school age up to 15 years. The activities will range from Boardgames, Arts & Crafts as well as outdoor games (weather permitting). There is also an opportunity for children to get support to complete their homework if that is required.

This club will run on any evening from Monday to Friday from 5pm - 7pm as well as a Saturday from 10am to 12pm OR 2pm to 4pm in Ennis. Volunteers will be offered full support, and training for this role. Refreshments will be provided and confidentiality agreement will also need to be signed.

Because of the nature of the service it may be necessary to create a pool of volunteers that are flexible with their time and can be called on or cancelled at short notice.

If you have 2 hours a week to spare, like working with children and young teens please contact Dolores at The Clare Volunteer Centre on 065 68 45517 or email dolores@volunteerclare.ie

Girl Guide Leaders

What's Involved

The Irish Girl Guides is a unique girl-only, active and dynamic organisation.

The Ennis group of The Girls Guides are currently looking for additional leaders to join their group. This group meet on one evening a week (Wednesday) for 1 hour at a location in Ennis. They offer a varied, and exciting programme for girls aged 5 - 7 years, with a strong emphasis on the outdoors, community responsibility, and teamwork.

The volunteers would be involved in assisting with Crafts, Badge Work Programmes as well as days out.

All new volunteer leaders will be welcomed by the group and fully supported at all times.

If you enjoy working with children and are available on a Wed evening from 6pm to 7pm please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Irish Cancer Society Charity Shop – Ennis

What's Involved

The Irish Cancer Shop which is situated in Parnell Street in Ennis is currently looking for volunteers for 2 hours any afternoon from Monday to Saturday.

The tasks would include:

- Accepting and assisting with receipt of donations (clothes , toys, furniture, books)
- Sorting donations and ensuring all items are suitable for sale
- Separating un-saleable items for recycling.
- Pricing and using the tagging gun to attach tags to clothes.
- Ensuring stock is displayed correctly on shelves, rails and display areas.
- Provide excellent customer service in a friendly and welcoming manner.
- Using sales till and handling money
- Ensuring stock room is kept clean and tidy in line with Health & Safety standards.

Please note that all volunteers must now adhere to the guidelines related to Covid 19 as instructed by the shop manager. It must be stated that once the volunteer is trained with Health & Safety as well as the Covid guidelines it is up to the volunteer to ensure they maintain the required social distancing measures as well as the mask wearing and to use their own initiative at all times to comply with the guidelines

There are tea/coffee facilities within the shop and a great welcome for volunteers. If you have 1 - 2 hours to spare any morning or afternoon, please contact The Clare Volunteer Centre 065 6845517 or email dolores@volunteerclare.ie

Share A Christmas Memory

What's Involved

The Share A Christmas Memory role was such a success last year that we have decided to run it again for this Christmas 2021. It continues to be a very challenging time for all residents in Nursing Homes. Some residents have little or no visitors at all and really look forward to hearing peoples, news, and stories.

We are now looking for volunteers to send them a card this Christmas to include a Christmas memory, story, or poem.

Please wash your hands before you start.

- Design your own card or use an existing Christmas Card but no bigger than A5.
- All cards to be addressed to “Dear or To” with a space left for the nursing home

to input the name as we are looking to personalize the cards so each resident gets their own.

- No reply address to be given or sharing of contact details but first name can be given for sign off.
- Please use the card to share a Christmas memory. This is so important as it is triggering memories and stories of times gone by for them.
- Some suggestions could be, The story of Christmas, The candle in the window, The wren boys calling, making mince pies, a tradition you had as a family, what you remember as a child, maybe a gift that meant so much to you. How your mum prepared for Christmas.
- If the envelope is not self-sticking use Sellotape to seal.

Post or deliver by hand right up to Monday 13th Dec to allow for delivery for Christmas Week. Send to :-

Clare Volunteer Centre
C/o Clare Education Centre
Government Buildings
Kilrush
Co. Clare
V95 F782
<http://www.volunteerclare.ie>
065 68 45517

Help them to keep their spirits up and to stay focused. This is a role for all the family to get involved and it is hoped that they will get great joy from the cards received.

The Clare Volunteer Centre will manage the distribution of all correspondence and all strict guidelines will be adhered to. This initiative has been welcomed by the Elderly Care facilities throughout Clare.

If you are interested in making a difference at this time and willing to share your thoughts and experience, please contact Dolores at The Clare Volunteer Centre on 065 68 45517

Please be advised that we have now returned to the office at Kilrush Road, Ennis and can be contacted on 065 68 45517 by email at

dolores@volunteerclare.ie OR sharon@volunteerclare.ie

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