

June 2022 Newsletter

A snapshot of our latest volunteering opportunities. See the full list on www.volunteerclare.ie

Relay for Life Ennis – Gate Assistants

What's Involved

The Clare Branch of The Irish Cancer Society are delighted to be hosting "Relay For Life Ennis " on Saturday 18th to Sunday 19th June 2022

Relay For Life Ennis is a 24 hour event that brings the whole community together to Celebrate the lives of cancer survivors, to Remember those whom we have lost to the disease and to Fight Back by increasing our knowledge of cancer and by raising money to fund vital research and services of the Irish Cancer Society.

This event starts at 2pm on Saturday with teams of people walking around the track over a 24 hour period. The event will open with a Survivors Lap where survivors of all ages will be cheered on by family and friends.

They are specifically looking for volunteers to assist with managing the various entry points for cars & pedestrians during the set up at the event. this role will take place from 10am to 2pm on Saturday. This is a fun event and the volunteers would be welcomed to stay on to enjoy the event.

Volunteers are required to carry out the following:-

- Meet and great with a smile
- Direct people to the relevant areas.
- Maintain Health & Safety at all time.
- Ensure the park is kept litter free.

All volunteers will be briefed beforehand and will have all the relevant information.

Refreshments & T-Shirts will be provided on site to Volunteers

If you have 2 /3 hours to spare on Saturday morning, for this unique event please contact Dolores on 065 6845517 or email dolores@volunteerclare.ie

Youth Hub Leader – Newmarket On Fergus

What's Involved

The Clare Youth Service is an integrated Service committed to using all elements to support the best possible outcomes for young people:

This service exists to serve county Clare's young people aged 12 -25, by providing information on rights and entitlements; by representing youth interests & providing education and training;

They are currently looking for volunteer leaders to get involved at their HUB in Newmarket On Fergus.

The role would be to assist the youth worker in facilitating a drop in space for young people aged between 12-18 in the Traderee Youth Space on a Friday evening.

There are 2 sessions that take place on a Friday evening and the volunteer can opt for either one

12 to 14 years is from 5.30pm-7.30pm OR

15 to 18 years is from 8pm-9.30pm

The tasks would be as follows:-

Assisting the youth worker in engaging young people in conversations that are important to them.

Assisting the youth worker in the facilitation of activities in the youth space
Get to know the members, their interests, talents and hopes and create a safe, enjoyable and trusting atmosphere in the space.

Follow Clare Youth Service policies and procedures for good practice and child protection in the space.

Clare Youth Service invests in their volunteers and offer Induction Training, Development Education Training and Child Protection Training

If working with young people is of interest to you and you have 3 hours a week to spare to add value to this group. Please contact Dolores at The Clare Volunteer Centre on 065 68 45517 or dolores@volunteerclare.ie

Coffee Morning Volunteers – Ennis

What's Involved

Mna An Gaire based in Ennis are a group open to women of all ages and backgrounds coming together to learn and to share their knowledge. They are involved in activities from Yoga & Meditation to upskilling. They have a designated comfortable space in Ennis where they have kitchen facilities along with a digital hub.

They have really welcomed the displaced people of the Ukraine with a designated space now allocated for their shop and other activities. They are looking to host some coffee mornings with the objective to integrate them to the locality. They are specifically looking for volunteers that are keen to assist them to learn about the locality and to share information as well as an opportunity for them to practice their English.

The Coffee Morning are to be held on a Tuesday & Thursday morning from 10am to 12pm and the duties will be as follows:-

- Open the doors and set up for 10am
- Provide a warm welcome
- Set out the Tea/Coffee and refreshments
- Give out relevant information re classes, courses, parent & toddler groups etc.
- Assist with filling out forms to join Mna An Gaire
- Encourage the visitors to use their English
- Share information re activities for children and adults locally
- Discuss potential opportunities they are interested in and assist in fact finding where possible
- Signpost to other services if needed
- Assist with the clear up

This is a very welcoming group open to all new visitors and the volunteers would be invited to join the group.

If you have availability on any Tuesday or Thursday and are keen to get involved with this group, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Stores Assistant – Ennis

What's Involved

Clare Haven Homestore have seen an increase in the level of Furniture collections and deliveries over the past few months. They are currently looking for volunteers to assist with this service in the stores. The driver assistant / stores will help with the collection & delivery of furniture donations ie tables, chairs, 3 piece suits, lamps and soft furnishings. All assistants will be required to move furniture through to the shop from the goods in area so physical ability is a must.

The role are as follows:

Loading, transporting, and delivering items to customers throughout the county in a safe, timely manner.

Reviewing orders before and after delivery to ensure that orders are complete.

Assisting with loading and unloading items from vehicles.

Accepting payment for delivered items.

Providing excellent customer service,

Adhering to assigned routes and following time schedules.

This role takes place any day from Monday to Friday and driver / stores assistants are required from 10am to 2pm OR 1pm to 5pm.

All Assistants will be asked to undergo the manual handling training,

If you have availability on any day during the week and can carry out physical work please contact Dolores on 065 68 45517 or dolores@volunteerclare.ie

Bus Drivers – Red Cross Clare Branch

What's Involved

The Clare Branch of the Irish Red Cross is supporting the community of County Clare and has been very active throughout Covid 19 and now involved with the displaced people from the Ukraine. It has provided essential transport to and from healthcare facilities locally and all over Ireland. In order to continue with this level of service they are currently looking for Drivers as well as Assistants to join their panel.

The details are as follows:

The volunteer driver must be at least 25 years of age.

A Full Clean B Driving Licence is essential

Volunteers must undergo Garda Vetting

The trips to be carried out vary from local appointments to trips to Galway, Cork or Dublin but volunteers can opt for trips to suit.

Volunteers will be offered manual handling training as well as child protection training.

If you have availability at this time and would like to get involved with this Organisation please contact Dolores on 065 68 45517 or dolores@volunteerclare.ie

Craft, Chat & Create Volunteers 2022

What's Involved

Mna Ag Gaire have recently allocated a designated space at their Hub for the displaced people of the Ukraine. This has been warmly received with many specifically requested donations delivered to the Hub.

They are now looking for volunteers with an interest in any type of craft or upcycling to join the group. Much of this role is to help integrate the people of the Ukraine and assist them to practice their English and to upcycle some of the donations with a personal touch. This could be changing buttons on a coat or taking up a skirt or pants.

The Hub is stocked with all types of materials for this project.

They also have a space that can be used for Painting, Sewing, Knitting or making cards etc where people are encouraged to use the space as they wish. This can be with a group or one a one to one basis.

This role takes place on a Tuesday & Thursday morning from 10am to 12pm and all volunteers will be welcomed with coffee and refreshments whilst part of the group

If you have a particular craft or artistic discipline you would like to share OR you just want to sit within the group to assist with chat / integration in any way you would be very welcome at the Hub.

For any further information or to be referred to this group please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Gardener Volunteer – Ennis

Clare Haven Services have a wellness and sensory garden as an aid to support the women and children in Clare who are subjected to Domestic Abuse.

This is an enjoyable space made up of paths, patio, planters, wild area, lawn and water feature. It is a space where people can use the garden furniture to enjoy the peace or have a cup of coffee.

They are now looking for keen garden volunteers to maintain this space and specifically for pruning, weeding and general maintenance.

The volunteers taking on this role would have an interest and some knowledge of gardening and would give up to 3 hours a week tidying and maintaining the garden for the enjoyment and therapeutic benefit of the clients. There are some gardening tools available, but the volunteer can bring what they feel used to working with. There is a lawnmower on site also.

If this is your area of interest, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Charity Shop Assistants – Irish Wheelchair Association

What's Involved

The Irish Wheelchair Association Charity Shop have relocated to Clonroad in Ennis and are looking for additional volunteers.

This is a bigger premises with all donations sorted and sold on site as well as loading and unloading of furniture donations.

They are currently looking for volunteers to do 3 hourly slots any time from 10 am to 5pm any day from Monday to Saturday.

The tasks would include

Accepting / sorting donations on a regular basis
Separating items for recycling, pricing and steaming ready for sale
Displaying items suitable for sale on rails and for the window display
Using sales till and handling money
Providing friendly service to customers
ensuring stock room is kept clean and tidy in line with Health & Safety standards.

Free parking is available to volunteers as well as tea/coffee.

If you think you would be interested suitable in this role, and have a morning or afternoon free please contact Dolores on 065 68 45517 or dolores@volunteerclare.ie

Community Games Assistants – Lees Road Ennis

Aldi Community Games believes that every young person should have the opportunity to take part in sports and art in their local community and grow up understanding how it promotes positive well being.

On Saturday 23rd July 2022 Ennis will host the Regional Athletics Finals at Lees Road in Ennis. They are looking for volunteers to support them in making this event both enjoyable and well organised. They are specifically looking for Gate Stewards as well as Car Parking Stewards.

The tasks would be as follows:-

Have a responsible attitude towards security and safety.

Be able to work on own initiative

Be polite, friendly and approachable and maintain good spirits as you may be the first point of contact for people as they arrive

Be professional and courteous to the public.

Be familiar with the venue and the site layout - location of entry and exits, toilets, registration desk, food hub, first Aid, lost and found.

Assist with the erecting and dismantling of pop up tents, presentation area, signage, table, chairs

All volunteers will be fully briefed and attend an induction before the event. They will be given a High Vs for the day as well as offered refreshments.

If you have availability on Saturday 23rd July to do the morning or afternoon shift, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Tour Guides

Serve the City schedules cultural integration events across Ireland, helping migrants and asylum seekers integrate into Irish culture. With the recent influx of displaced Ukrainian national in all parts of the county they are looking to organise tours to various places of interest.

They are looking for volunteers to take on the role of tour guide and it would involve the following:-

Meeting a group of up to 50 people from an accommodation centre this would be hotels in Lisdoonvarna , Ballyvaughan, Ennis, Lahinch or Liscannor
Accompanying the group on the bus to some of the local attractions. This could be places like Aillwee Caves, Burren Perfumery, or The Cliffs Of Moher.

The volunteer would be the lead person on the tour and would meet the group at the and offer teas and coffees to those interested.

It is not necessary to have knowledge about the places on the tour as each visitor centre has their own tour guides the volunteer would play more of a role in supporting and guiding people new to Irelands, helping them discover Irish culture.

If you have the availability over the coming months and could take on this type of role whilst supporting the displaced people of the Ukraine, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Tennis Buddy – Ennis

What's Involved

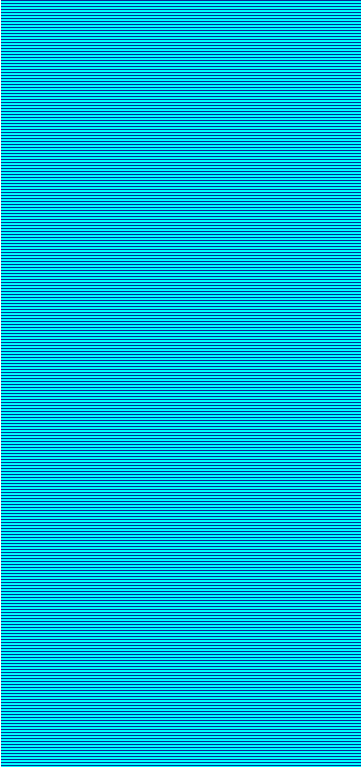
The Clare Branch of Down Syndrome is looking for a volunteer to accompany one of their adult members to play Tennis or Badminton at Ennis Lawns Club.

This is a role suitable for someone with a keen interest in Tennis or Badminton to play at Ennis Lawn Tennis Club. The Client is a member of the club and would welcome her support as her guest. It would also be an opportunity to encourage the client socially and to chat about various other interests.

This role is any morning or afternoon for 2 hours the day and the time suitable for the volunteer. The client would be fully supported and would meet the volunteer at Ennis Lawns Club.

If this is of interest to you and you would like to work with someone with support needs, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Please be advised that we have now returned to the office at Kilrush Road, Ennis and can be contacted on 065 68 45517 by email at dolores@volunteerclare.ie OR sharon@volunteerclare.ie



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