

November 2022 Newsletter

A snapshot of our latest volunteering opportunities. See the full list on www.volunteerclare.ie

Santa, Mrs Claus & Elves Lisdoonvarna

What's Involved

Lisdoonvarna Failte as hosting Santa visits as part of their Christmas Fayre.

Santa will be arriving to the Lisdoonvarna Pavilion on Saturday 3rd and Sunday 4th December.

The team at the Pavilion are looking for support so that they can maintain and manage the flow of little visitors waiting to see Santa. They are looking for a volunteer Santa and a volunteer Mrs Claus from 11am to 1pm on both Saturday 3rd Dec & Sunday 4th December.

Both Santa and Mrs Claus will be kitted out in the best suits and should be happy to engage with kids of all ages.

They are also looking for volunteer Elves on both Saturday & Sunday for 2 hourly slots from 11am to 3pm to engage with the children to play seasonal games, decorate cookies or read stories.

If you like working with children and can bring good sense of humour & fun to this opportunity please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Befriending with ALONE

What's Involved

Support & Befriending is a supported one-to-one relationship between a volunteer and an older person who has been linked in with ALONE. The ALONE Support & Befriending service provides companionship to older people who would like extra social contact through a weekly visit /call.

The pandemic has proven very challenging to all our older people as we gradually emerge ALONE are now looking for additional support from telephone calls to gradually face to face meeting once it is safe to do so.

The role is as follows:-

To commit to weekly calls/ visits to an older person who you are matched with, for a minimum of 1 year, providing companionship.
To attend training, and follow the ALONE guidelines throughout your time with ALONE.
To provide basic practical support for the older person where necessary. (Volunteers are not substitutes for home-help or care assistants and are not expected to do so.
To support the older person when attending ALONE social events when it is safe to do so.
To support the older person to integrate in their community – such as encouraging them to join local groups and initiatives for older people.
To be an advocate for the older person where necessary. This might mean making a phone call on their behalf or helping them to fill in a form.

Training takes place via Zoom and takes up to 1 hour. Volunteers are asked to use their own phones with the number of private OR to use the ALONE App to make the calls.

Please note ALONE comply with all up-to-date Covid-19 restrictions. Home visits will only take place when HSE guidelines allow. In the interim, all volunteer visits will take place over the phone.

If you are interested in working with the elderly and have 1 hour a week to spare, please contact Dolores on 065 68 45517 or dolores@volunteerclare.ie

Enable Ireland Charity Shop Assistants

What's Involved

Enable Ireland operates 23 charity shops/garden centres throughout the country. With over 300 shop volunteers they are one of the largest network of charity shops in the country.

They are currently looking for volunteers to be based at their Ennis shop. The days required are Monday, Friday or Saturday for a minimum of 3 hours between 9.30am to 5.30pm.

The tasks will be as follows:-

- Accepting and assisting with receipt of donations (clothes, bric a brac, books)
- Sorting donations and ensuring all items are suitable for sale
- Separating un-saleable items for recycling.
- Pricing and using the tagging gun to attach tags to clothes.
- Ensuring the shop and coffee dock are kept clean & tidy at all times.
- Ensuring stock is displayed correctly on shelves, rails and display areas.
- Providing excellent customer service in a friendly and welcoming manner.
- Using sales till and handling money
- Ensuring stock room is kept clean and tidy in line with Health & Safety standards

Please note that full training will be given and induction carried out. Volunteers will work in pairs at all times.

If you have up to 3 hours a week and have an interest in Sales and Retail, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Graphic Design / Social Media for Recreational & Heritage Project

The 12 O Clock Hills opened their looped walks facility in 2014. It is a not for profit community group. This amenity is ideal for people with an interest in local history and requires a modest level of fitness. Hill walking on their trails is enjoyed by many individuals and groups.

The committee are constantly developing and maintaining the walking trails and parking areas which lead to funding grant applications, social media, trails audits, as well as future planning.

They are now looking for a volunteer to join their team to work on Graphic Design and Social Media. They are specifically looking for someone to assist with designing posters / leaflets in order to promote the trails and to advertise for events. The volunteer will also be asked to promote the events on social media.

This is an ideal opportunity for someone to gain experience in working with a great group to promote our countryside which leads to positive well being.

If you have a facility to work from home and would be keen to give 2 hours a week to this Organisation, please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Receptionist – East Clare

What's Involved

The Ciunas Wellness Centre provides a safe and confidential setting with fully qualified talented therapists. The Therapists work with people to allow them the space to relax, recover and heal.

The Centre is open Monday to Friday from 10am to 4pm and they are currently looking for Receptionists to give 3 hours a week either morning or afternoon to support this service.

The Receptionist will work with the Therapists covering 2 Therapy Rooms and the tasks will be as follows:

- Meet & greet therapists and clients
- Process appointments and payments
- Answer phone call and emails
- Maintain Health & Safety for all visitors
- Keep the office area clean & tidy
- Keep the diary up to date

This role is for a volunteer happy to work on their own and to use one own initiative. The role is for any morning or afternoon from Monday to Friday and the volunteer will

be asked to sign a code of confidentiality agreement before commencement.

If this is something of interest and can get to Feakle, in East Clare please contact Dolores on 065 68 45517 or email dolores@volunteerclare.ie

Please be advised that we have now returned to the office, Ennis and can be contacted on 065 68 45517 by email at dolores@volunteerclare.ie OR sharon@volunteerclare.ie
If you would like to unsubscribe from this newsletter, please email info@volunteerclare.ie with UNSUBSCRIBE in the Subject Field.